

# ***2009***

# ***AUTUMN***

# ***ADVENTURE***

- ◆ ENJOY WARM SUNNY DAYS AND COOL CRISP NIGHTS
- ◆ VIEW THE SPLENDOR OF PHILMONT FALL COLORS
- ◆ GAZE AT WILDLIFE PREPARING FOR WINTER
- ◆ PHOTOGRAPH THE PANORAMA OF PEAKS
- ◆ FISH FOR TROUT IN A SPARKLING STREAM

## **FALL IS THE BEST TIME TO CAMP AT PHILMONT**

**Location:** Philmont Scout Ranch is located near Cimarron, New Mexico, 45 miles southwest of Raton. Camping Headquarters is 4.6 miles south of Cimarron on Highway 21.

**Who May Participate?** Any individual who is at least 14 years of age or is 13 and in the 8th grade at the time of participation; **units or all adult groups** such as **unit, district or council committee members; all participants must be registered members of the BSA.**

At least two adult leaders (21 years of age or older and the other can be 18), must accompany each crew of up to 10 youths. Each coed group must have at least one adult male and one adult female leader (21 years of age or older). The **minimum** ratio of adult leaders to youth is 2 to 10. All adult groups, as well as Scout and Venturing groups, are encouraged to participate in Autumn Adventure. Many school districts have a "Fall Break" which makes it easier to involve youth. If you are an "all adult" crew, please plan to use this experience to enhance the quality of the Scouting Program in your unit and council.

Each participant must be in good physical condition. Each participant is required to have a current Philmont Health and Medical form filled out by their Doctor within 12 months of the trek and **must meet the blood pressure and height/weight requirements as outlined on the Philmont Health and Medical form.** The nearest medical facility is 45 miles from Philmont. There is limited medical support available at Philmont during the fall program. **PHILMONT REQUIRES AT LEAST ONE CREW MEMBER BE CERTIFIED IN CPR AND FIRST AID.** If you have any medical concerns, please call Philmont before your scheduled arrival day. Each crew should elect a crew leader who has leadership ability and who is respected by the entire crew.

**Crew Size:** Fall camping is accomplished with a crew of 6 to 12 participants accompanied by an Autumn Adventure Guide. Larger groups are organized into multiple crews (minimum crew size 6, maximum crew size 12 - **No Exceptions**).

**Fees:** \$40/person/day which includes trail food and staff guide with each crew. The guide will help your group plan an itinerary and accompany you on your trek.

**Reservations:** Reservations are confirmed upon receipt of a **\$50/person deposit** with the reservation form. All fees are non-refundable nor transferable to the balance in the event of cancellation. Call 575-376-2281 to determine when space is available.

**Arrival/Departure:** Arrive and depart any day during Autumn Adventure. Depending on your crew's schedule your arrival and departure days may be considered full or half days, with a half day fee at \$20.00/person. If arriving late in the day, try to do so between 6:00 - 7:00 pm. You will be housed in Camping Headquarters Tent City the first night. **EVENING MEAL WILL NOT BE SERVED.** The Philmont dining hall is not available for crews during the Autumn. Plan to eat supper before arriving at Philmont. If you arrive in the morning, you may get into the backcountry that same day. 10x12 wall tents with cots are available at Camping Headquarters for your first and last nights at Philmont if you need them.

**Program Options:** Each group will plan its own itinerary with the assistance of a Philmont Guide. The itinerary can be as strenuous or as leisurely as desired depending upon the physical condition, training and preparation of the group. A guide will accompany each group throughout its trek. Accommodations to stay at Headquarters are not available except for your first and last night and there is **NO MEAL SERVICE.**

All groups must camp in the backcountry. The group may elect to take day hikes from their backcountry site or camp in different sites each night. Opportunities abound for photography, trout fishing, mountain climbing, gazing at wildlife, learning about the flora and fauna of the area, visiting historical sites or just relishing the opportunity for quality time away from the stress of every day life.

**Philmont will NOT provide transportation to backcountry camps,** but will provide transportation to designated turnarounds. (Turnarounds: Zastrow/Abreu, Lovers Leap, Cimarroncito, Six Mile, Ponil and Maxwell.) In the past we have made exceptions to this rule, **with the growing popularity of the program we will not be able to make those exceptions.** Philmont will assist you in shuttling your personal vehicles to your selected ending point.

**Fishing:** September 10<sup>th</sup> through September 13<sup>th</sup> Philmont hosts a large Fly Fishing Invitational. During that time Autumn Adventure crews are not allowed to fish on the Rayado River or in the Cimarroncito Reservoir. Camping is also not allowed at Abreu, Zastrow, Fish Camp, Phillips Junction and the Hunting Lodge during this period. Autumn Adventure Crews are welcome to fish during the rest of Autumn Adventure. Non-resident fishing licenses must be purchased for each person who wants to fish at the following rates: (subject to change) 1 day license - \$17.00; 5 day license - \$29.00; annual license \$61.00. Philmont fishing licenses for persons under 17 may be purchased for \$1.50. This is the 2008 price structure, 2009 prices will be determined by New Mexico Game and Fish in March of 2009.

**Leave No Trace:** The Autumn Adventure program will host a Leave No Trace Master Educator Course during the first part of October. If you are interested, contact Philmont for detailed information and the registration form. (**Please note:** Philmont LNT Master Educator course registration form is different than this standard Autumn Adventure registration form.)

**Awards:** Each participant who completes training will be awarded a distinctive Autumn Adventure patch as a remembrance of Philmont Autumn Adventure. The patch can only be earned; it is a recognized symbol of participation in a fall trek.

**Tour Permit:** Submit your tour permit to your council for approval at least one month in advance. **You will need a tour permit even if your crew is an all adult group.**

**Transportation:** Check your vehicles BEFORE you leave home. AAA and state agencies will recommend emergency supplies you should carry.

**Trading Post:** The Tooth of Time Traders will be open 8 to 5 seven days a week during the Autumn Adventure period. You can also place orders online at [www.toothoftimetraders.com](http://www.toothoftimetraders.com).

**Clothing and Equipment:** When packing for Autumn Adventure, consider protection for each part of your body. Temperatures may vary from 80 degrees F during the day to 20 degrees F, or even lower at night.

Whenever possible, bring clothing made of wool, polar fleece or polypropylene. Even when wet, these fabrics retain some insulating value. Each participant should bring or plan to buy the following: (items marked with an \* can be purchased in the Tooth of Time Traders)

ITEM	<b>Day Hiking</b>	
	√	√
hiking boots.....	_____	_____
day pack .....	_____	_____
water bottle or canteen*.....	_____	_____
(with water, two-1 qt. capacity)		
medium weight wool jacket.....	_____	_____
or wool shirt and wool sweater*		
lunch.....	_____	_____
first aid kit*.....	_____	_____
map*.....	_____	_____
compass*.....	_____	_____
sunscreen*.....	_____	_____
(SPF 15 or higher)		
sunglasses*.....	_____	_____
wide brimmed hat.....	_____	_____
matches* or lighter.....	_____	_____
(in waterproof case*) or lighter		
pocket knife*.....	_____	_____
sturdy rain suit*.....	_____	_____
pair wool mittens or gloves*.....	_____	_____
stocking cap*.....	_____	_____

**Backpacking Treks - Personal Equipment** -All of the items listed above plus the following:

backpack w/ frame & padded hip belt.....	_____	_____
(rental available - \$1.00/person/day)		
pack cover*.....	_____	_____
(waterproof or large plastic bags)		
6 plastic bags - asstd sizes.....	_____	_____

**Sleeping**

sleeping bag in waterproof bag .....	_____	_____
sleep clothes.....	_____	_____
(worn only in sleeping bag)		
straps* (hold sleeping bag on pack).....	_____	_____
waterproof ground cloth 5' x 7'.....	_____	_____
(1 per 2 people)		

**Clothing (packed in plastic bags)**

lightweight sneakers or tennis shoes .....	_____	_____
2 pair heavy wool socks*.....	_____	_____
3 pair lighter inner socks*.....	_____	_____
2 changes underwear .....	_____	_____
2 pair hiking shorts .....	_____	_____
1 long sleeve shirt.....	_____	_____
1 pair long pants .....	_____	_____
2 short sleeved shirts (not nylon).....	_____	_____

**Eating**

deep bowl* or plate (small).....	_____	_____
cup* (measuring style).....	_____	_____
spoon*.....	_____	_____

**Personal and Miscellaneous**

ITEM	√	√
small pocketknife* (A).....	_____	_____
50 ft. 1/8-inch nylon cord* (S).....	_____	_____
flashlight (small with extra batteries) (S) ...	_____	_____
bandanna or handkerchief* (BB).....	_____	_____
whistle* (A).....	_____	_____
lip balm* (BB,A) .....	_____	_____
soap, biodegradable* (BB) .....	_____	_____
toothbrush/toothpaste* (BB) .....	_____	_____
comb .....	_____	_____
small towel .....	_____	_____
moleskin or molefoam* (BB,S) .....	_____	_____
adhesive bandages* (BB,S) .....	_____	_____
note pad and pen.....	_____	_____
tampons/sanitary napkins (BB).....	_____	_____
sunglasses* .....	_____	_____

**Optional**

belt .....	_____	_____
foam sleeping pad* .....	_____	_____
camera and film* (BB) .....	_____	_____
watch .....	_____	_____
fishing equipment*/licenses*.....	_____	_____
rubber bands.....	_____	_____
insulated underwear* .....	_____	_____
foot powder (BB,S) .....	_____	_____
Philmont Fieldguide* (S).....	_____	_____

**Crew Equipment Provided by Philmont**

cooking kit/utensils.....	_____	_____
hot pot tongs .....	_____	_____
plastic trash bags.....	_____	_____
dishwashing soap .....	_____	_____
scouring pads .....	_____	_____
toilet paper .....	_____	_____
2 person tents .....	_____	_____
water purification chemical.....	_____	_____
100' - 1/4" rope and burlap bag.....	_____	_____

**Not Provided by Philmont**

backpacking stoves*.....	_____	_____
(1 per / 4 persons)		

**Code**

- (BB) - Packed together in plastic bag to be placed in bear bag at night.
- (S) - Share with buddy
- (A) - Easily accessible in pack or carried on person

\* Can be purchased at the Tooth of Time Traders



**RISK ADVISORY - PHILMONT SCOUT RANCH**

Philmont has an excellent health and safety record with over 880,000 adults and young people having attended since 1938. Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Most participants in Philmont programs do not experience injuries because they are prepared, are conscious of risks, and take safety precautions. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions and work as a team with your crew and take responsibility for your own health and safety. For further information please thoroughly read the *Guidebook to Adventure*. Like other wilderness areas, Philmont is not risk free and you should be prepared to listen to safety instructions carefully, follow directions and take appropriate steps to safeguard yourself and others.

Parents, guardians and potential participants in Philmont programs are advised that journeying to and from Philmont, and one's stay at Philmont, can involve exposure to accident, illness, and/or injury associated with a high elevation, physically demanding, high adventure program in a remote mountainous area. Campers may be exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat. Other potential problems include: injuries from tripping and falling, motor vehicle accidents, worsening of underlying medical conditions such as diabetes or asthma, heart attacks, heat exhaustion and falls from horses.

Philmont's trails are steep and rocky. Wild animals such as bears, rattlesnakes and mountain lions are native and usually present little danger if proper precautions are taken. Please refer to the *Guidebook to Adventure*, speak with previous Philmont participants, or call Philmont for further information concerning risks and measures which can be taken to avoid accidents. Philmont has staff trained in first aid, CPR and accident prevention, and is prepared to assist in recognizing, reacting, and responding to accidents, injuries and illnesses. Each crew is also required to have at least one member trained in wilderness first aid and CPR. Medical and search and rescue services are provided by Philmont in response to an accident or emergency. However, response times can be affected by location, weather or other emergencies and could be delayed six (6) or more hours.

**PHILMONT WEIGHT LIMITS FOR BACKPACKING AND HIKING**

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35-50 lb. backpack between 6,500 and 12,500 ft. elevations. Philmont recommends that participants carry a pack weighing no more than 25-30% of their body weight.

**Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont.** For example, a person 70 inches tall cannot weigh more than 226 lbs. All heights and weights will be measured in stocking feet.

*For participants under 21 years of age who exceed the maximum acceptable weight for height, the Philmont physicians will use their best professional judgment in determining participation in a Philmont trek. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height. Exceptions are not made automatically and discussion in advance with Philmont is required regarding any exception to the weight limit for persons under 21 years of age, whether it is over or under.* Philmont will consider up to 20 lbs. over the maximum acceptable as stated on the chart, however, the exception will never exceed 295 lbs. Philmont's phone number is 575-376-2281.

The maximum weight for any participant in a Cavalcade Trek and for horse rides is 200 lbs. **Under no circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs.** This requirement is necessary because of limitations of rescue equipment and for safety of search and rescue personnel.

**Individuals who do not meet Philmont's weight for height requirements will not be allowed on the trail and will be sent home.**

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable	Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable
60	97 - 138	139-166	166	70	132-188	189-226	226
61	101-143	144-172	172	71	136-194	195-233	233
62	104-148	149-178	178	72	140-199	200-239	239
63	107-152	153-183	183	73	144-205	206-246	246
64	111-157	158-189	189	74	148-210	211-252	252
65	114-162	163-195	195	75	152-216	217-260	260
66	118-167	168-201	201	76	156-222	223-267	267
67	121-172	173-207	207	77	160-228	229-274	274
68	125-178	179-214	214	78	164-234	235-281	281
69	129-185	186-220	220	79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.